CHEST / BUST MEASUREMENT

1. Raise your arms (Figure 1).
2. Wrap the measuring tape around the fullest part of the chest / bust, keeping the measuring tape up under the arms and around (over) the shoulder blades (Figure 2).
3. Lower your arms, then read the measurement (Figure 3). NOTE: The measuring tape should be snug, but not too tight around the body.

Do not estimate measurements. Take this measurement over light clothing.